

Triathlon Sieraków

Organizator: KS TRI TOUR; Miasto i Gmina Sieraków; Polski Związek Triathlonu

Data: 28.05.2022r.

Dystans: 1/8 IM

Miejscowość: Sieraków



Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Płeć	Kat	Msc Kat	plywanie	t1	rower	t2	bieg	Wynik
1	657	Krieger Łukasz	Nowa Cerkiew	H2Oshop.pl / Endure Team	M	M30-34	1	00:06:39	00:03:45	00:33:35	00:01:41	00:17:56	01:03:36
2	531	Pupka Filip	Poznań	UKS CITYZEN	M	M16-24	1	00:05:52	00:03:26	00:34:43	00:01:45	00:19:42	01:05:28
3	722	Matuszewicz Michał	Jedlina Zdrój	KS GVT	M	M16-24	2	00:05:54	00:03:23	00:36:12	00:01:31	00:18:45	01:05:45
4	899	Tomczak Marcin	Poznań	GVT	M	M35-39	1	00:06:38	00:03:59	00:34:14	00:01:38	00:20:05	01:06:34
5	693	Lisieński Michał	Siemianowice Śląskie	CHOP ZE ŻELAZA TRI TEAM / AUTO-FORM	M	M35-39	2	00:06:24	00:03:27	00:35:30	00:01:41	00:20:15	01:07:17
6	578	Hoffmann Wojciech	Kraków	Brzyski Tri Team	M	M45-49	1	00:06:24	00:03:42	00:35:07	00:01:51	00:20:27	01:07:31
7	675	Kuś Adam	Poznań	UKS Cityzen	M	M25-29	1	00:07:39	00:03:55	00:36:14	00:01:25	00:18:43	01:07:56
8	740	Młyńczak Jakub	Gliwice	KS GVT	M	M16-24	3	00:07:26	00:03:37	00:36:07	00:01:42	00:19:46	01:08:38
9	795	Poparda Wojciech	Jelcz - Laskowice	Jelcz Triathlon Project	M	M16-24	4	00:06:48	00:03:42	00:38:57	00:01:26	00:19:04	01:09:57
10	477	Chmielewski Michał	Szczytniki	METZINK TRI	M	M40-44	1	00:07:13	00:03:57	00:35:34	00:02:26	00:21:10	01:10:20
11	908	Walczak Robert	Zielona Góra	Cytadela by Night	M	M40-44	2	00:07:45	00:04:01	00:36:54	00:01:38	00:20:46	01:11:04
12	854	Sobota Krzysztof	Bębniak	SKS OBORNIKI	M	M16-24	5	00:06:50	00:04:03	00:37:01	00:01:44	00:21:32	01:11:10
13	441	Bailey Neal	Poznań	GVT	M	M40-44	3	00:08:17	00:04:55	00:36:07	00:02:26	00:19:39	01:11:31
14	713	Marciniak Przemysław	Skórczewo	BE_3 UKS Cityzen Poznań	M	M35-39	3	00:08:39	00:03:53	00:35:22	00:01:46	00:21:53	01:11:33
15	907	Wagemann Łukasz	Wrocław	Gvt	M	M40-44	4	00:07:09	00:04:26	00:37:02	00:01:55	00:21:09	01:11:41
16	871	Szenawa Łukasz	Górki	GVT	M	M16-24	6	00:08:17	00:04:14	00:37:43	00:01:29	00:20:21	01:12:04
17	586	Ignatowicz Andrzej	Warszawa	Tarchomin Triathlon Team	M	M45-49	2	00:07:27	00:04:09	00:37:24	00:02:03	00:21:31	01:12:34
18	576	Hepner Tomasz	Chodzież	GVT	M	M30-34	2	00:08:15	00:04:05	00:37:28	00:01:39	00:21:08	01:12:35
19	836	Skatecki Krystian	Glinno	M	M25-29	2	00:09:04	00:04:17	00:35:59	00:02:07	00:21:08	01:12:35	
20	948	Zimny Maciej	Ośno Lubuskie	Maciej Zimny Triathlon Team	M	M30-34	3	00:08:30	00:04:11	00:38:17	00:01:35	00:20:52	01:13:25
21	944	Wysoczyński Paweł	Wołów	Tri Granda Wołów/PCC Squad	M	M30-34	4	00:07:35	00:04:31	00:38:21	00:01:42	00:21:19	01:13:28
22	862	Stawowy Jakub	Poznań	KS TRI Suchy Las	M	M30-34	5	00:08:00	00:04:19	00:37:45	00:01:57	00:21:49	01:13:50
23	593	Jackowiak Piotr	Brzeg	Sztuka Ruchu	M	M35-39	4						01:14:01
24	616	Kadej Robert	Wołów	TRI GRANDA WOŁÓW	M	M30-34	6	00:07:55	00:04:55	00:37:27	00:01:51	00:22:03	01:14:11
25	920	Wesołowski Roman	Poznań	Kuźnia Triathlonu	M	M30-34	7	00:08:31	00:04:16	00:36:59	00:02:03	00:22:22	01:14:11
26	757	Nowek Paweł	Warzymice	Trigym Szczecin	M	M40-44	5	00:08:25	00:04:08	00:40:18	00:01:39	00:19:43	01:14:13
27	580	Hojan Adam	Poznań	CityZen	M	M35-39	5	00:07:18	00:04:40	00:37:53	00:01:54	00:22:41	01:14:26
28	618	Żołnowski Karol	Luboń	CITYZEN	M	M25-29	3	00:06:51	00:04:38	00:40:52	00:01:37	00:20:45	01:14:43
29	876	Szumiec Dominik	Jasło	Jasielskie Stowarzyszenie Cyklistów	M	M16-24	7	00:06:32	00:04:36	00:41:21	00:01:38	00:20:48	01:14:55
30	925	Wiśniewski Tomasz	Szczecin	Trigym Szczecin	M	M35-39	6	00:08:10	00:04:38	00:39:38	00:02:05	00:20:24	01:14:55
31	585	Idkowiak Łukasz	Mosina	IDMAR RACING TEAM	M	M40-44	6	00:08:56	00:04:53	00:37:25	00:02:06	00:22:22	01:15:42
32	571	Hancyk Łukasz	Tarnowo Podgórne	4T Tarnowskie Termy Triathlon Team	M	M35-39	7	00:07:42	00:04:34	00:39:07	00:01:51	00:22:51	01:16:05
33	691	Lisek Andrzej	Poznań	Lisek	M	M35-39	8	00:08:35	00:04:09	00:41:17	00:01:57	00:20:08	01:16:06
34	770	Paczkowski Rafał	Poznań	Kuźnia Triathlonu Czerwonak biega	M	M40-44	7	00:07:37	00:03:59	00:39:54	00:01:45	00:23:03	01:16:18
35	819	Ruciński Tymon	Bydgoszcz	Timon-Trans	M	M30-34	8	00:08:20	00:04:58	00:37:36	00:02:07	00:23:32	01:16:33
36	891	Witecka Martyna	Poznań	CITYZEN	K	K16-24	1	00:06:58	00:05:04	00:39:32	00:01:50	00:23:20	01:16:44
37	671	Kuklis Tomasz	Poznań	Literaki.com	M	M35-39	9	00:08:41	00:04:32	00:39:36	00:02:23	00:21:42	01:16:54
38	481	Chrzan Piotr	Szczecin	Kolarze z Górki 'Ciśnij' TEAM	M	M45-49	3	00:08:44	00:04:35	00:37:49	00:02:12	00:23:37	01:16:57
39	811	Remisiewicz Łukasz	Warszawa	RunEat.pl	M	M40-44	8	00:07:35	00:03:59	00:40:59	00:02:05	00:22:32	01:17:10
40	447	Basiński Łukasz	Bydgoszcz	Elsport.PL Sklepy Sportowe	M	M30-34	9	00:08:42	00:04:58	00:39:05	00:02:14	00:22:12	01:17:11
41	501	Dąbkowski Igor	Dziwnów	KL Iskra Białogard	M	M16-24	8	00:07:02	00:04:06	00:42:06	00:02:07	00:21:51	01:17:12
42	706	Majewski Patryk	Poznań	Farutex	M	M35-39	10	00:08:13	00:04:57	00:39:54	00:01:59	00:22:21	01:17:24
43	928	Witkowski Krzysztof	Luboń	Road Bikers Poznań	M	M16-24	9	00:09:11	00:04:38	00:39:46	00:01:53	00:22:07	01:17:35
44	475	Chmielewski Maciej	Grudziądz	TRIDivision Triathlon Team	M	M16-24	10	00:07:18	00:04:33	00:40:23	00:02:16	00:23:16	01:17:46
45	679	Kwintal Jan	Goleniów	Rozbiegany Goleniów	M	M45-49	4	00:09:51	00:04:47	00:37:39	00:01:55	00:23:41	01:17:53
46	699	Łączny Paweł	Czempień	ChampionMan Team	M	M35-39	11	00:10:21	00:05:44	00:41:01	00:02:11	00:19:01	01:18:18
47	858	Stachowiak Marcin	Poznań	#biegiemwlas	M	M30-34	10	00:09:12	00:05:32	00:41:57	00:01:37	00:20:02	01:18:20
48	599	Jarmużek Paweł	Smoszew	AT	M	M45-49	5	00:09:13	00:05:03	00:40:29	00:01:50	00:22:01	01:18:36
49	934	Wojnarowski Adam	Branno	Triton Konin	M	M40-44	9	00:09:12	00:04:34	00:38:33	00:02:29	00:24:20	01:19:08
50	912	Walich Maciej	Pamiętkowo		M	M30-34	11	00:09:53	00:06:04	00:40:42	00:02:19	00:20:16	01:19:14
51	829	Sawicki Arkadiusz	Wrocław	Scorpion	M	M40-44	10	00:08:35	00:05:55	00:38:27	00:02:12	00:24:08	01:19:17
52	442	Baj Joanna	Marcinkowice	KS GVT	K	K16-24	2						01:19:18
53	739	Misiukiewicz Adam	Ośno Lubuskie	Patriodzik Triathlon Team	M	M25-29	4	00:10:01	00:05:25	00:39:28	00:01:50	00:23:25	01:20:09
54	749	Nikodemak Jarosław	SWARZĘDZ	KLAS Szport Swarzędz	M	M45-49	6	00:08:39	00:06:09	00:39:46	00:02:05	00:23:30	01:20:09
55	898	Tomczak Jakub	Poznań		M	M25-29	5	00:09:04	00:04:57	00:43:14	00:02:15	00:20:43	01:20:13
56	753	Nowak Marek	Opole	Opole	M	M16-24	11	00:08:34	00:04:45	00:41:54	00:01:47	00:23:26	01:20:26
57	629	Każmierski Hubert	Września	Peleton Września	M	M25-29	6	00:10:45	00:06:02	00:38:08	00:02:30	00:23:14	01:20:39
58	641	Kołąkowski Tomasz	Bydgoszcz		M	M30-34	12	00:09:33	00:05:32	00:42:17	00:02:21	00:21:03	01:20:46
59	745	Nerc Patrycja	Szczecinek	MKP Szczecinek/7PRO Siódmiak TEAM	K	K16-24	3	00:07:38	00:04:28	00:42:54	00:01:46	00:24:05	01:20:51
60	482	Chwirot Łukasz	Poznań		M	M40-44	11	00:08:27	00:05:11	00:38:21	00:02:43	00:26:12	01:20:54
61	782	Piechocki Piotr	Poznań		M	M16-24	12	00:10:15	00:08:18	00:40:02	00:02:20	00:20:14	01:21:09
62	729	Michalak Jakub	Czempień	Helios Czempień Team	M	M30-34	13	00:10:54	00:05:32	00:40:04	00:01:53	00:22:54	01:21:17
63	761	Orłowski Jakub	Gryfino	Endless Pain	M	M30-34	14	00:09:03	00:04:48	00:42:36	00:02:04	00:22:53	01:21:24
64	938	Nowicki Bartosz	Inowrocław		M	M30-34	15	00:07:30	00:04:55	00:41:33	00:02:03	00:25:35	01:21:36
65	701	Łukaszczuk Grzegorz	Rokietnica	Dare2Tri	M	M40-44	12	00:10:11	00:05:56	00:38:39	00:02:25	00:24:25	01:21:36
66	750	Nowak Paweł	Koszalin	#TRIPaka Przechlewo	M	M45-49	7	00:09:16	00:05:14	00:40:53	00:02:27	00:23:53	01:21:43
67	886	Śniegocki Paweł	Tarnowo Podgórne	Tarnowo Podgórne Biega/4TT	M	M40-44	13	00:08:21	00:04:50	00:41:33	00:02:04	00:24:58	01:21:46
68	626	Kawczyński Marek	Śrem		M	M35-39	12	00:10:06	00:05:13	00:42:10	00:01:52	00:22:27	01:21:48
69	603	Jasiówka Bartłomiej	Polska Nowa Wieś	Rollico Trtiathlon Team	M	M40-44	14	00:10:20	00:05:22	00:41:47	00:02:02	00:22:27	01:21:58
70	449	Beil Dawid	Racibórz	3DVSN	M	M45-49	8	00:08:48	00:05:10	00:40:10	00:02:12	00:25:53	01:22:13
71	746	Niedziółka Michał	Szczecin	N-GEO Sport Team	M	M35-39	13	00:08:13	00:04:37	00:40:43	00:02:23	00:26:18	01:22:14
72	865	Stroińska Katarzyna	Oborniki	SKS OBORNIKI	K	K16-24	4	00:06:56	00:04:18	00:44:44	00:01:57	00:24:36	01:22:31
73	818	Różański Piotr	POZNAŃ	KRT	M	M35-39	14	00:09:44	00:05:29	00:41:24	00:02:50	00:23:09	01:22:36
74	779	Perczak Janusz	Luboń	IN-SOFTWARE	M	M30-34	16	00:09:10	00:05:52	00:39:31	00:02:16	00:25:51	01:22:40
75	741	Modzelewska Zuza	Szczecin	Trigym Szczecin	K	K30-34	1	00:07:38	00:06:11	00:43:15	00:02:02	00:23:35	01:22:41
76	723	Brzuzgo Magdalena	Szczecin	Trigym Szczecin	K	K35-39	1	00:11:05	00:05:11	00:40:04	00:02:16	00:24:11	01:22:47

Triathlon Sieraków

Organizator: KS TRI TOUR; Miasto i Gmina Sieraków; Polski Związek Triathlonu

Data: 28.05.2022r.

Dystans: 1/8 IM

Miejscowość: Sieraków



Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Płeć	Kat	Msc Kat	plywanie	t1	rower	t2	bieg	Wynik
77	804	Puszkarek Mikołaj	Czempin	Helios Czempin Team	M	M35-39	15	00:10:55	00:06:19	00:41:20	00:01:48	00:22:28	01:22:50
78	518	Dudziak Dawid	Stęszew	KS IDMAR	M	M40-44	15	00:08:35	00:04:38	00:43:51	00:02:01	00:23:51	01:22:56
79	718	Markiewicz Martyna	Świdnica	GVT	K	K16-24	5	00:07:35	00:04:50	00:43:19	00:02:22	00:24:51	01:22:57
80	471	Bylina Bartosz	Poznan		M	M50-54	1	00:09:00	00:05:32	00:42:19	00:02:41	00:23:50	01:23:22
81	682	Lech Jarek	Dotuje		M	M45-49	9	00:09:23	00:04:43	00:41:44	00:02:46	00:24:51	01:23:27
82	451	Biały Marcin	Poznań	Souly.pl	M	M35-39	16	00:07:32	00:05:12	00:43:03	00:02:16	00:26:00	01:24:03
83	743	Moszczyński Łukasz	Dąbrowa		M	M35-39	17	00:09:33	00:05:36	00:42:03	00:02:16	00:24:35	01:24:03
84	780	Peszt Michał	Kraków	SportWise	M	M14-15	1	00:07:41	00:05:55	00:46:54	00:02:15	00:21:19	01:24:04
85	805	Quoos Wojciech	Skórzewo		M	M35-39	18	00:12:12	00:05:47	00:40:25	00:01:56	00:23:46	01:24:06
86	570	Habernik Łukasz	Czempin	Helios Czempin Team	M	M35-39	19	00:09:58	00:07:30	00:41:31	00:02:01	00:23:06	01:24:06
87	809	Ratajski Jakub	Środa Wielkopolska		M	M25-29	7	00:12:10	00:06:14	00:39:34	00:03:10	00:22:59	01:24:07
88	484	Kusik Zbigniew	Poznań	Girasie Kręcin	M	M40-44	16	00:09:40	00:05:28	00:41:18	00:02:04	00:25:38	01:24:08
89	916	Waszak Łukasz	Czerwonak	CZERWONAK BIEGA	M	M35-39	20	00:10:22	00:04:54	00:43:06	00:02:22	00:23:41	01:24:25
90	674	Kurek Marcin	Gruszczyn	e-automatyk Marcin Kurek	M	M40-44	17	00:11:13	00:05:30	00:42:02	00:02:18	00:23:24	01:24:27
91	802	Przysiwik Piotr	Stubice	AGATri	M	M45-49	10	00:10:59	00:05:56	00:41:00	00:03:01	00:23:32	01:24:28
92	606	JEZIÓŁKOWSKI JAKUB	PNIEWY	Gira Sie Kręci	M	M35-39	21	00:08:51	00:05:51	00:44:34	00:02:05	00:23:13	01:24:34
93	797	Porada Marek	Poznań	SCIM / WÓJTOWICZ TRI TEAM	M	M55-59	1	00:09:03	00:05:36	00:40:37	00:02:26	00:27:11	01:24:53
94	630	Kądys Marcin	Szczecin	Trigym Szczecin	M	M40-44	18	00:10:48	00:06:23	00:40:15	00:03:05	00:24:27	01:24:58
95	776	Pawłowska Agata	Zielona Góra	Drużyna Belgusa	K	K35-39	2	00:07:40	00:05:42	00:46:20	00:02:01	00:23:20	01:25:03
96	555	Grabowiecki Tomasz	Jelcz-Laskowice	Studio GRABO	M	M35-39	22	00:11:20	00:05:15	00:41:35	00:01:59	00:24:57	01:25:06
97	727	Michalak Anna	Piła		K	K45-49	1	00:09:08	00:05:13	00:43:48	00:02:05	00:24:53	01:25:07
98	434	ANTCZAK GRZEGORZ	Poznan	TriMiniaki	M	M45-49	11	00:09:14	00:07:19	00:40:59	00:03:07	00:24:30	01:25:09
99	825	Rydzewski Michał	Szczecin		M	M40-44	19	00:08:10	00:06:23	00:43:18	00:02:17	00:25:18	01:25:26
100	785	Pieczyński Bartłomiej	Poznań	PERSPEKTYWA	M	M35-39	23	00:08:19	00:05:24	00:40:18	00:02:50	00:28:37	01:25:28
101	880	Szymański Michał	Oborniki	UKS Sportowiec	M	M14-15	2	00:07:10	00:06:30	00:45:27	00:02:09	00:24:16	01:25:32
102	884	Śledź Mikołaj	Poznań		M	M25-29	8	00:09:38	00:05:34	00:43:07	00:02:25	00:24:48	01:25:32
103	462	Borek Paweł	Kraków		M	M30-34	17	00:07:12	00:04:50	00:46:42	00:02:09	00:24:48	01:25:41
104	457	Bławat Krzysztof	Kwilcz		M	M40-44	20	00:10:13	00:05:06	00:45:23	00:01:42	00:23:18	01:25:42
105	860	Stanek Agata	Mogilno	BS TRI	K	K25-29	1	00:07:51	00:06:06	00:45:28	00:03:01	00:23:18	01:25:44
106	874	Śzewc Andrzej	Jasin	PKO Bank Polski	M	M45-49	12	00:12:58	00:05:51	00:40:27	00:01:46	00:24:56	01:25:58
107	573	Hańczak Piotr	Poznań	Cityzen Poznań	M	M45-49	13	00:09:50	00:06:26	00:41:27	00:03:08	00:25:15	01:26:06
108	649	Chyb Marcin	Wałbrzych	Infoburo Team/Ewa Bugdoł Team	M	M45-49	14	00:11:26	00:05:54	00:43:34	00:01:57	00:23:21	01:26:12
109	943	Wysocki Mariusz	Międzyrzecz	Reskjutim	M	M35-39	24	00:09:57	00:06:14	00:45:19	00:02:40	00:22:09	01:26:19
110	914	Warmuła Piotr	Pełczyce	FunTri	M	M45-49	15	00:09:54	00:05:59	00:41:15	00:03:19	00:26:05	01:26:32
111	870	Szczyński Krzysztof	Poznań	Wojtowicz Tri Team	M	M30-34	18	00:08:33	00:04:32	00:46:22	00:02:36	00:24:48	01:26:51
112	549	Gordon Kamila	Warszawa		K	K25-29	2	00:11:07	00:04:41	00:43:46	00:02:51	00:24:34	01:26:59
113	584	Hulalka Maciej	Grodzisk Wielkopolski	KKFP Wolsztyn	M	M25-29	9	00:12:20	00:06:45	00:41:05	00:02:23	00:24:31	01:27:04
114	717	Marcinkowski Przemysław	Tyniec Mały	GVT	M	M45-49	16	00:12:15	00:05:24	00:40:16	00:02:38	00:26:36	01:27:09
115	921	Węgielewski Szymon	Bydgoszcz		M	M35-39	25	00:09:28	00:06:26	00:46:01	00:02:35	00:22:43	01:27:13
116	566	Grzesiak Patryk	Żyrardów	ArturKurek.pro	M	M40-44	21	00:10:06	00:06:23	00:42:23	00:02:33	00:25:55	01:27:20
117	726	Michalak Boguś	Szczecin	SMT Szczecin	M	M50-54	2	00:10:41	00:05:51	00:43:28	00:02:42	00:24:40	01:27:22
118	537	Gadziński Mateusz	Siedlce		M	M30-34	19	00:09:34	00:07:07	00:45:49	00:02:52	00:22:02	01:27:24
119	498	Czerwiński Rafał	Suchy Las	Sportowy Team Żabki	M	M45-49	17	00:09:59	00:08:36	00:43:49	00:03:40	00:21:31	01:27:35
120	894	Brzostowicz Mateusz	Zielona góra		M	M30-34	20	00:11:52	00:05:26	00:43:12	00:02:56	00:24:11	01:27:37
121	688	Lichocka Patrycja	Poznań	BS TRI TEAM	K	K25-29	3	00:11:38	00:05:17	00:45:13	00:02:30	00:23:11	01:27:49
122	774	Pawlak Piotr	Poznań	PKO Bank Polski	M	M45-49	18	00:10:22	00:06:42	00:42:34	00:02:32	00:25:53	01:28:03
123	946	Zemke Michał	Chodzież	#DAWAJHELA	M	M40-44	22	00:09:37	00:06:26	00:41:47	00:02:47	00:27:31	01:28:08
124	885	Ślebarski Rafał	Siekierki Wielkie	VC	M	M40-44	23	00:11:02	00:05:59	00:44:09	00:02:45	00:24:16	01:28:11
125	596	Jakubowski Arkadiusz	PMI		M	M45-49	19	00:09:09	00:05:53	00:42:26	00:03:11	00:27:38	01:28:17
126	845	Smoczyk Grzegorz	lusowo	GST	M	M30-34	21	00:11:25	00:05:02	00:45:39	00:01:47	00:24:26	01:28:19
127	644	Kucziński Marek	Rosnówko	Sin Corte Presa Canario	M	M50-54	3	00:10:07	00:06:04	00:43:09	00:02:27	00:26:34	01:28:21
128	667	Kuciaba Jacek	Jagatowo	PG. AQUA	M	M50-54	4	00:09:24	00:06:03	00:44:02	00:02:36	00:26:26	01:28:31
129	513	Domański Patryk	Poznań	#fitnessracingteam	M	M30-34	22	00:11:33	00:05:02	00:45:50	00:01:48	00:24:19	01:28:32
130	676	Kuźmicz Krystian	Konin	Triton Konin	M	M45-49	20	00:09:25	00:07:35	00:42:29	00:02:58	00:26:06	01:28:33
131	557	Kłys Marcin	Łódź	Bednarski Tri Team	M	M40-44	24	00:09:53	00:05:54	00:44:16	00:02:50	00:25:41	01:28:34
132	637	Rogacki Patryk	Toruń	TriToruń	M	M30-34	23	00:10:37	00:08:16	00:38:33	00:02:30	00:28:47	01:28:43
133	517	Dudkowiak Jacek	Zielona Góra	ZKS Triathlon Drzonków	M	M55-59	2	00:09:12	00:06:31	00:43:16	00:02:51	00:26:58	01:28:48
134	524	Fabisz Rafał	Dopiewiec	NO NAME	M	M45-49	21	00:10:11	00:06:22	00:43:40	00:03:23	00:25:14	01:28:50
135	735	Mikołajczyk Łukasz	Wrocław		M	M40-44	25	00:09:53	00:07:54	00:42:41	00:03:30	00:25:21	01:29:19
136	791	Pilc Maciej	Poznań	K.P. Żaglica Poznań	M	M40-44	26	00:07:22	00:05:57	00:49:32	00:02:49	00:23:40	01:29:20
137	800	Przybylski Jakub	Poznan	Komputronik	M	M40-44	27	00:11:42	00:05:32	00:45:08	00:02:22	00:24:36	01:29:20
138	575	Henshaw Matthew	Poznan		M	M35-39	26	00:10:42	00:06:39	00:44:19	00:02:53	00:24:50	01:29:23
139	505	Demiński Oliwier	Rokietnica	W TRI Team	M	M16-24	13	00:07:38	00:06:26	00:45:04	00:02:35	00:27:46	01:29:29
140	695	Łapa Marcin	Kwilcz		M	M35-39	27	00:10:16	00:06:02	00:44:49	00:02:27	00:26:00	01:29:34
141	911	Waleńska Ewa	Wrocław	GT RAT	K	K45-49	2	00:12:38	00:05:30	00:45:18	00:02:15	00:23:55	01:29:36
142	467	Bubela Igor	Poznań		M	M16-24	14	00:08:17	00:07:14	00:46:17	00:02:04	00:25:47	01:29:39
143	523	Erenberg Dawid	Piotrków Tryb.	Fudu&Co. Sport Team	M	M16-24	15	00:09:12	00:08:16	00:45:53	00:02:48	00:23:40	01:29:49
144	547	Gołyś Dawid	Knurów	TriDivision Triathlon Team	M	M25-29	10	00:10:32	00:08:55	00:44:28	00:04:20	00:21:35	01:29:50
145	634	Kieca Marcin	Piła	Czogori	M	M35-39	28	00:11:28	00:06:18	00:45:56	00:02:18	00:23:58	01:29:58
146	851	Sobkowiak Marcin	Poznań		M	M40-44	28	00:10:03	00:05:49	00:46:19	00:02:02	00:25:56	01:30:09
147	450	Bem Michał	Katowice	BEMki Sport	M	M40-44	29	00:11:18	00:05:58	00:42:59	00:02:41	00:27:24	01:30:20
148	632	Kędziński Krzysztof	TANOWO	Team Unity Line	M	M55-59	3	00:12:21	00:06:17	00:42:21	00:02:34	00:26:58	01:30:31
149	588	Iwicki Dominik	Piła	Czogori	M	M35-39	29	00:10:43	00:05:29	00:46:52	00:02:36	00:25:04	01:30:44
150	728	Michalak Marek	Poznań	KB DęBIEC	M	M45-49	22	00:11:16	00:06:30	00:45:42	00:02:51	00:24:29	01:30:48
151	522	Erenberg Rafał	Piotrków Tryb	Fudu&Co. Sport Team	M	M40-44	30	00:13:31	00:07:35	00:44:06	00:02:57	00:22:40	01:30:49
152	659	Krupa Tomasz	Wiry	KLUB BŁYSKAWICZNEGO KALOSZA	M	M40-44	31	00:09:59	00:08:04	00:46:56	00:01:51	00:24:00	01:30:50

Triathlon Sieraków

Organizator: KS TRI TOUR; Miasto i Gmina Sieraków; Polski Związek Triathlonu

Data: 28.05.2022r.

Dystans: 1/8 IM

Miejscowość: Sieraków



Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Płeć	Kat	Msc Kat	plywanie	t1	rower	t2	bieg	Wynik
153	648	Kostera Marcin	Kalisz		M	M45-49	23	00:10:04	00:06:07	00:44:27	00:02:40	00:27:35	01:30:53
154	704	Maciałowicz Krzysztof	Wiry		M	M40-44	32	00:10:44	00:05:50	00:45:27	00:02:50	00:26:04	01:30:55
155	625	Kaszkwia Michał	Poznań		M	M25-29	11	00:10:18	00:05:38	00:44:53	00:03:08	00:27:32	01:31:29
156	855	Sowiński Robert	Jaksin	GVT BMC	M	M45-49	24	00:10:21	00:06:55	00:45:40	00:03:10	00:25:26	01:31:32
157	803	Pustkowiak Michał	Góra	Rozdzielnie Złożone	M	M40-44	33	00:10:18	00:05:49	00:44:43	00:03:18	00:27:25	01:31:33
158	831	Sierakowski Dominik	Kwilcz		M	M35-39	30	00:10:33	00:06:15	00:45:36	00:02:30	00:27:00	01:31:54
159	738	Misiukiewicz Arek	Łobez	Patrydzik Triathlon Team	M	M30-34	24	00:09:26	00:06:01	00:49:39	00:01:45	00:25:04	01:31:55
160	931	Włodarczyk Wojciech	Bydgoszcz	Czarne Stopy	M	M55-59	4						01:32:00
161	508	Dobkiewicz Łukasz	KWILCZ		M	M35-39	31	00:15:31	00:05:28	00:45:02	00:02:34	00:23:27	01:32:02
162	816	Rosiński Wiktor	Poznań		M	M40-44	34	00:08:31	00:07:40	00:46:54	00:03:22	00:25:41	01:32:08
163	799	Przybylski Leszek	Luboń	Leszek Tatry	M	M50-54	5	00:17:22	00:04:52	00:44:06	00:02:14	00:23:41	01:32:15
164	882	Szymczak Andrzej	Poznań		M	M40-44	35	00:11:09	00:06:53	00:45:20	00:02:22	00:26:35	01:32:19
165	543	Głogowiec Bartłomiej	Drezdenko		M	M35-39	32	00:13:14	00:07:54	00:41:02	00:03:26	00:26:07	01:32:23
166	521	Dziurleja Mateusz	Baborówko		M	M35-39	33	00:11:40	00:08:48	00:45:07	00:02:01	00:24:56	01:32:32
167	852	Sobkowiak Tomasz	Poznań	Night Runners	M	M35-39	34	00:13:13	00:06:28	00:45:25	00:02:38	00:24:52	01:32:36
168	793	POCIEJ BOHDAN	PŁOCK	PTT DELTA	M	M60-64	1	00:09:53	00:07:03	00:44:36	00:03:13	00:27:52	01:32:37
169	645	Konieczny Aleksander	Poznań	Si Runners	M	M25-29	12	00:11:38	00:07:00	00:45:51	00:02:27	00:26:11	01:33:07
170	579	Hojan Jarosław	Poznań	Cityzen	M	M60-64	2	00:10:17	00:06:21	00:44:18	00:03:09	00:29:09	01:33:14
171	867	Szafran Mateusz	Wągrowiec		M	M16-24	16	00:11:54	00:07:33	00:46:29	00:02:41	00:24:38	01:33:15
172	519	Dura Dominik	Poznań-Nowe Miasto		M	M30-34	25	00:09:41	00:08:59	00:46:13	00:02:49	00:25:44	01:33:26
173	827	Sarbaczewski Sebastian	Oborniki	SKS Oborniki	M	M40-44	36	00:10:50	00:06:35	00:44:40	00:03:00	00:28:21	01:33:26
174	939	Wozniak Radek	Bydgoszcz	Bozita Polska	M	M35-39	35	00:11:35	00:05:47	00:44:53	00:03:09	00:28:07	01:33:31
175	703	Machyński Marcin	Poznań	MRIPcom.pl	M	M40-44	37	00:09:34	00:06:01	00:47:03	00:03:03	00:28:06	01:33:47
176	783	Piechocki Marcin	Poznań		M	M45-49	25	00:10:45	00:07:46	00:47:29	00:03:26	00:24:25	01:33:51
177	548	Gomol Tomasz	Rokietnica	Dat-Schaub Polska	M	M30-34	26	00:13:11	00:07:12	00:46:25	00:02:51	00:24:15	01:33:54
178	781	Piątek Krystian	Wilczyce	Skorpion	M	M40-44	38	00:12:09	00:06:46	00:46:11	00:02:55	00:26:07	01:34:08
179	433	Andrzejewski Wiktor	Oborniki		M	M16-24	17	00:10:31	00:08:06	00:44:14	00:02:56	00:28:23	01:34:10
180	592	Jabłoński Jakub	Poznań	#delfinki Team / #myTRIteam	M	M40-44	39	00:10:34	00:07:46	00:47:51	00:02:21	00:25:48	01:34:20
181	610	Juchniewicz Jerzy	Stargard Szczeciński	SZWLA	M	M50-54	6	00:10:41	00:06:29	00:45:43	00:02:48	00:28:48	01:34:29
182	790	Pięga Michał	Kiączyn	Sportowy Kazmierz	M	M40-44	40	00:15:20	00:08:39	00:45:09	00:02:12	00:23:19	01:34:39
183	664	Krzewina Mateusz	Baranowo	Home of Body	M	M30-34	27	00:08:38	00:05:18	00:52:02	00:03:25	00:25:16	01:34:39
184	512	Dolny Krzysztof	Komorniki		M	M45-49	26	00:15:30	00:06:35	00:44:57	00:02:35	00:25:09	01:34:46
185	954	Nostrzycki Mateusz	Tulce		M	M45-49	27	00:13:54	00:07:37	00:43:41	00:02:19	00:27:22	01:34:53
186	859	Stachowiak Danuta	Rokietnica	Owoc team	K	K45-49	3	00:10:38	00:07:15	00:47:46	00:02:30	00:26:50	01:34:59
187	784	Piechota Marcin	Poznań	Sieraków Buczyna	M	M40-44	41	00:12:57	00:06:43	00:45:19	00:02:18	00:27:44	01:35:01
188	456	Bimkiewicz Dominika	Wolsztyn	BS-TRI / Rowery Małgośka	K	K25-29	4	00:10:07	00:05:47	00:50:14	00:02:49	00:26:05	01:35:02
189	661	Kryczka Maciej	Wrocław		M	M40-44	42	00:11:35	00:07:29	00:48:56	00:02:36	00:24:30	01:35:06
190	506	Dembski Grzegorz	Plewiska		M	M45-49	28	00:10:21	00:06:47	00:44:38	00:03:07	00:30:19	01:35:12
191	812	Rennert Klara	Poznań	Klub PANI	K	K30-34	2	00:09:55	00:06:20	00:49:42	00:02:35	00:27:00	01:35:32
192	929	Witkowski Dominik	Poznań	Karl Knauer Polska	M	M50-54	7	00:11:08	00:07:56	00:49:21	00:02:49	00:24:27	01:35:41
193	687	Lewandowska Joanna	Szczecin	Trigym	K	K40-44	1	00:13:29	00:06:38	00:46:19	00:02:49	00:26:26	01:35:41
194	577	Jankowski Jacek	Wałbrzych		M	M40-44	43	00:13:49	00:07:54	00:45:51	00:02:57	00:25:17	01:35:48
195	568	Guderska Karolina	Poznań	Marchewkowepole.com	K	K35-39	3	00:12:27	00:07:11	00:50:05	00:02:48	00:23:28	01:35:59
196	742	Mosiek Kacper	Wołów	TRI GRANDA WOŁÓW	M	M25-29	13	00:13:08	00:07:18	00:46:01	00:03:00	00:26:43	01:36:10
197	534	Furmanek JAROSŁAW	Szczecin	Go2Tri	M	M50-54	8	00:10:58	00:09:34	00:44:20	00:03:37	00:27:51	01:36:20
198	734	Mikina Aleksandra	Łódź		K	K25-29	5	00:13:14	00:06:32	00:47:25	00:02:39	00:26:32	01:36:22
199	777	Pawłowska Zuzanna	Poznań		K	K30-34	3	00:10:04	00:06:33	00:50:50	00:02:20	00:26:56	01:36:43
200	868	Szafranek Radosław	Poznań	Fundacja Lepiej Być - lepiejbyc.pl	M	M35-39	36	00:08:05	00:05:56	00:54:22	00:02:23	00:26:01	01:36:47
201	673	Kurasiński Jakub	Lusówko	Sauerland Team Tarnowo Podgórne	M	M45-49	29	00:12:11	00:08:10	00:47:32	00:03:16	00:25:48	01:36:57
202	536	Jedyniak-Doros Izabela	Tulce	Kbmaniak	K	K45-49	4	00:11:42	00:07:03	00:45:26	00:02:40	00:30:22	01:37:13
203	737	Mioduszewski Dominik	Krepcice		M	M35-39	37	00:12:15	00:08:24	00:46:49	00:03:36	00:26:19	01:37:23
204	516	Drózd Artur	Warszawa	Tridea	M	M45-49	30	00:12:25	00:06:20	00:46:58	00:03:20	00:28:21	01:37:24
205	888	Świdorska Bem Krystyna	Katowice	BemkiSport	K	K40-44	2	00:12:23	00:06:35	00:50:20	00:02:17	00:25:49	01:37:24
206	446	BASIŃSKI MARCIN	PACZKOWO		M	M45-49	31	00:10:23	00:06:31	00:49:28	00:03:16	00:27:54	01:37:32
207	583	Huczała Agnieszka	Katowice	IRONSILESIA	K	K35-39	4	00:13:51	00:06:04	00:47:18	00:02:44	00:27:37	01:37:34
208	678	Kwiczor Wojciech	Poznań		M	M40-44	44	00:11:00	00:07:42	00:46:14	00:02:43	00:29:57	01:37:36
209	540	Łastowski Dominik	Poznań	LubuBest	M	M45-49	32	00:11:31	00:09:21	00:47:19	00:03:32	00:25:57	01:37:40
210	873	Szewczyk Bartosz	Warszawa		M	M30-34	28	00:12:25	00:05:55	00:51:58	00:02:10	00:25:19	01:37:47
211	822	Rutnicki Mateusz	Pniewy		M	M45-49	33	00:09:36	00:06:39	00:46:25	00:03:19	00:31:52	01:37:51
212	923	Wilhelmi Marcin	Poznań		M	M45-49	34	00:12:03	00:07:00	00:50:46	00:02:09	00:25:59	01:37:57
213	864	Stilger Lukasz	Siechnice	TRIMMISSION	M	M40-44	45	00:11:09	00:08:46	00:44:58	00:03:34	00:29:32	01:37:59
214	850	Sobieraj Bartłomiej	Sieraków		M	M16-24	18	00:10:57	00:07:58	00:48:28	00:02:27	00:28:20	01:38:10
215	895	Toboła Tomasz	Piła	PIL-BUILDING	M	M35-39	38	00:11:15	00:08:12	00:49:35	00:02:14	00:27:06	01:38:22
216	765	Ostrowski Paweł	Wrocław	Ostry TEAM	M	M40-44	46	00:08:16	00:08:10	00:48:17	00:03:24	00:30:18	01:38:25
217	544	Golcz Anna	Poznań	KS Posnania	K	K35-39	5	00:10:00	00:09:33	00:48:15	00:03:44	00:27:10	01:38:42
218	502	Dąbrowski Jacek	Warszawa		M	M55-59	5	00:11:01	00:08:22	00:45:22	00:04:14	00:29:48	01:38:47
219	624	Kaszkwia Piotr	Lusówko	Klub DHL Team	M	M30-34	29	00:09:49	00:06:43	00:47:10	00:04:06	00:31:01	01:38:49
220	953	Żurowski Mikołaj	Wrocław	GVT	M	M25-29	14	00:13:03	00:07:54	00:45:58	00:03:02	00:29:32	01:39:29
221	581	Hojnor Helena	Św. Katarzyna	Litwin Triathlon Team	K	K16-24	6	00:09:11	00:06:05	00:51:01	00:02:27	00:30:47	01:39:31
222	856	Spychała Robert	Międzychód	MKH Dzik Pmi	M	M35-39	39	00:12:07	00:07:40	00:49:20	00:02:42	00:28:01	01:39:50
223	617	Kamińska Agnieszka	Bydgoszcz	Team Zoot Europe	K	K40-44	3	00:13:42	00:07:47	00:47:01	00:03:10	00:28:11	01:39:51
224	869	Szafrański Maciej	Zielona Góra		M	M40-44	47	00:10:43	00:06:42	00:47:51	00:02:45	00:32:01	01:40:02
225	666	Krzysztofik Jaromir	Plewiska	Wiking	M	M50-54	9	00:14:06	00:08:05	00:48:17	00:03:21	00:26:19	01:40:08
226	635	Kierzek Magdalena	Poznań	Czerwonak Biega	K	K25-29	6	00:14:35	00:07:02	00:50:26	00:02:52	00:25:20	01:40:15
227	813	ROGOZIŃSKA Beata	Wrocław	FUNTRI	K	K40-44	4	00:13:19	00:07:00	00:47:50	00:03:15	00:28:56	01:40:20
228	808	Ratajczak Adam	Międzychód		M	M35-39	40	00:13:01	00:08:03	00:50:09	00:02:08	00:27:12	01:40:33

Triathlon Sieraków

Organizator: KS TRI TOUR; Miasto i Gmina Sieraków; Polski Związek Triathlonu

Data: 28.05.2022r.

Dystans: 1/8 IM

Miejscowość: Sieraków



Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Płeć	Kat	Msc Kat	plywanie	t1	rower	t2	bieg	Wynik
229	494	Czarnecki Piotr	Poznan	Inka&Pit	M	M35-39	41	00:10:33	00:07:48	00:55:18	00:02:58	00:23:58	01:40:35
230	452	Biedak Łukasz	Szczecinek		M	M30-34	30	00:13:16	00:06:40	00:51:21	00:01:55	00:27:31	01:40:43
231	480	Chotuj Jakub Aleksander	Warszawa	TRIWAWA	M	M16-24	19	00:10:24	00:07:45	00:48:37	00:03:21	00:30:37	01:40:44
232	453	Bieleń Agnieszka	Poznań	OwocBiega Team	K	K35-39	6	00:11:29	00:07:02	00:51:57	00:03:17	00:27:03	01:40:48
233	913	Wigęza Janek	Kraków	Smashing P&Pkins/Unlimited	M	M14-15	3	00:09:43	00:08:28	00:52:30	00:02:47	00:27:22	01:40:50
234	879	Szymański Łukasz	Poznań	Krokodyle Floorball Poznań	M	M30-34	31	00:14:06	00:08:54	00:46:05	00:03:20	00:28:28	01:40:53
235	821	Rutkowska Virginia	BYDGOSZCZ		K	K35-39	7	00:09:46	00:06:59	00:51:54	00:02:38	00:29:43	01:41:00
236	532	Frasunkiewicz Mateusz	Luboń		M	M16-24	20	00:11:45	00:07:15	00:49:06	00:03:32	00:29:24	01:41:02
237	747	Niedźwiecki Robert	Stobno		M	M50-54	10	00:14:05	00:08:01	00:47:27	00:03:22	00:28:10	01:41:05
238	545	GOLEC DANIEL	POZNAŃ	PKO Bank Polski	M	M40-44	48	00:13:44	00:07:05	00:48:17	00:03:26	00:28:46	01:41:18
239	460	Bochenek Jadwiga	Poznań	AfroFit Wataha	K	K40-44	5	00:10:28	00:08:15	00:48:05	00:03:43	00:31:00	01:41:31
240	792	Piłc Wojciech	Poznań	Dres i Laczki	M	M14-15	4	00:10:16	00:06:48	00:54:10	00:03:24	00:27:12	01:41:50
241	711	Małkiński JOZEF	Bydgoszcz	RWT w Bydgoszczy	M	M65-69	1	00:11:33	00:08:36	00:49:15	00:03:16	00:29:18	01:41:58
242	476	Chmielewski Tomasz	Zielona Góra	ALL OR NOTHING ZIELONA GÓRA	M	M45-49	35	00:10:17	00:07:35	00:51:21	00:02:47	00:30:09	01:42:09
243	560	Grehl Paweł	Wrocław	GVT	M	M40-44	49	00:09:53	00:06:58	00:48:35	00:03:42	00:33:02	01:42:10
244	902	ucherek kazimierz	żory		M	M50-54	11	00:12:41	00:06:51	00:52:40	00:02:52	00:27:09	01:42:13
245	810	Rataszewski Marek	poznań	marchewkowepole.com	M	M60-64	3	00:14:32	00:09:18	00:47:36	00:04:07	00:26:48	01:42:21
246	700	Łopusiewicz Róża	Maselkowice		K	K16-24	7	00:12:53	00:08:50	00:51:29	00:02:16	00:26:55	01:42:23
247	509	Jarzyński Jacek	Poznań		M	M40-44	50	00:13:06	00:10:21	00:49:27	00:02:19	00:27:14	01:42:27
248	883	Szymkowiak Hubert	Tarnowo podgórne	4T	M	M30-34	32	00:09:32	00:07:36	00:51:26	00:03:21	00:30:45	01:42:40
249	789	Piętka Grzegorz	Szczecin	Ambasador BIEGUN OCR	M	M45-49	36	00:17:46	00:08:27	00:48:35	00:02:38	00:25:19	01:42:45
250	694	Łangowski Adam	Poznań		M	M16-24	21	00:15:36	00:07:48	00:48:46	00:02:58	00:27:37	01:42:45
251	941	Wroe Agnieszka	Poznań		K	K40-44	6	00:12:31	00:09:43	00:50:37	00:03:17	00:26:51	01:42:59
252	689	Ligęza Joasia	Kraków	Smashing P&Pkins/Unlimited	K	K50-54	1	00:11:01	00:06:43	00:53:22	00:03:18	00:28:36	01:43:00
253	801	Przybylski Szymon	Borówiec	Tri Tomaj	M	M14-15	5	00:10:36	00:07:11	00:49:27	00:03:16	00:32:38	01:43:08
254	656	Krawczyk Martyna	Szczecin	Trigym Szczecin	K	K30-34	4	00:13:22	00:10:39				01:43:19
255	643	Konieczna Paulina	Poznan		K	K25-29	7	00:13:03	00:07:40	00:53:33	00:01:55	00:27:12	01:43:23
256	474	Cheba Krzysztof	Kłodawa		M	M45-49	37	00:10:24	00:09:07	00:46:23	00:05:38	00:31:55	01:43:27
257	640	Kociucki Jacek	Głogów		M	M50-54	12	00:10:53	00:06:52	00:53:02	00:02:37	00:30:32	01:43:56
258	786	Pietrasiak Małgorzata	Poznań	BE3 Citizen Poznań	K	K65-69	1	00:10:33	00:08:12	00:50:46	00:04:31	00:29:59	01:44:01
259	866	Surwilo - Rutkowska Justyna	Poznań	Olimpia Sport	K	K35-39	8	00:11:11	00:08:22	00:53:24	00:02:27	00:28:41	01:44:05
260	752	Nowak Marcin	Lewin Brzeski	AX PROJEKT	M	M45-49	38	00:13:40	00:10:42	00:45:38	00:04:27	00:29:51	01:44:18
261	602	JASIŃSKA-WARMUŁA SYLWIA	PEŁCZYCE	FUNTRI	K	K45-49	5	00:10:29	00:08:50	00:50:24	00:03:47	00:30:54	01:44:24
262	633	Keśy-kowalska Hanna	Szczawno-Zdroj	SZCZAWNORUN	K	K55-59	1	00:11:11	00:07:33	00:51:09	00:04:55	00:29:37	01:44:25
263	669	Kuczek Krzysztof	Mikolów	momnatocafezycie	M	M50-54	13	00:13:27	00:08:36	00:49:38	00:03:31	00:29:28	01:44:40
264	465	Broniewicz Feliks	Wasosz	Endorfiny Wąsosz	M	M16-24	22	00:11:28	00:11:28	00:50:48	00:03:10	00:28:04	01:44:58
265	468	Bubela Adam	Poznań		K	K45-49	6	00:12:01	00:07:31	00:47:44	00:03:43	00:34:17	01:45:16
266	594	Jacyna Mirosław	Szczecin Dabie	TriGym Szczecin	M	M55-59	6	00:11:04	00:08:46	00:48:41	00:03:57	00:33:03	01:45:31
267	485	Cichoradzka Alicja	Luboń		K	K30-34	5	00:14:22	00:06:14	00:54:25	00:02:21	00:28:09	01:45:31
268	651	Kowalski Aleksander	Szczawno-Zdrój	SzczawnoRun	M	M55-59	7	00:11:51	00:09:50	00:51:25	00:04:31	00:28:00	01:45:37
269	716	Marcinkowski Eryk	Tyniec Mały	GVT	M	M16-24	23	00:07:52	00:03:46	00:38:09	00:01:30	00:54:33	01:45:50
270	432	Ambroziak Jan	Puszczykowo	Bestroskie Daktyle	M	M35-39	42	00:17:28	00:09:44	00:49:18	00:03:37	00:26:11	01:46:18
271	660	Krupa Sebastian	Wrocław		M	M45-49	39	00:09:43	00:09:07	00:52:23	00:03:22	00:31:53	01:46:28
272	919	Weltrowski Grzegorz	Poznań		M	M45-49	40	00:15:22	00:09:11	00:52:00	00:03:25	00:26:40	01:46:38
273	565	Grzempowski Jakub	Czapury	Grzempole	M	M40-44	51	00:12:21	00:08:30	00:57:00	00:02:15	00:26:47	01:46:53
274	736	Milińska Jagoda	Kwilcz		K	K25-29	8	00:17:31	00:06:48	00:51:41	00:02:36	00:28:18	01:46:54
275	683	Lenart Kamila	Warszawa		K	K35-39	9	00:12:23	00:07:22	00:54:47	00:02:21	00:30:22	01:47:15
276	558	Graniszevska Katarzyna	Warszawa	BLOK EKIPA	K	K35-39	10	00:10:28	00:09:43	00:57:24	00:02:54	00:26:52	01:47:21
277	520	Dziedzic Hubert	Dzietrzychowice	Rankor Athletics	M	M45-49	41	00:19:58	00:07:26	00:48:31	00:04:05	00:27:26	01:47:26
278	848	Sobańska Barbara	Poznań		K	K16-24	8	00:10:56	00:10:14	00:52:26	00:02:42	00:31:33	01:47:51
279	950	Zymlirski Robert	Wrocław (Wrocław-Fabryczna)		M	M50-54	14	00:12:57	00:08:47	00:53:05	00:03:48	00:29:27	01:48:04
280	775	Pawlikowska-Otto Daria	Grodzisk Wlkp.		K	K45-49	7	00:15:04	00:08:46	00:51:11	00:03:37	00:29:37	01:48:15
281	720	Markowski Przemysław	Poznań	THE GOOD OLE BOYS	M	M45-49	42	00:15:05	00:08:44	00:51:09	00:03:40	00:29:39	01:48:17
282	769	owczarczak monika	poznań	wilda biega	K	K35-39	11	00:15:30	00:07:08	00:51:31	00:03:09	00:31:10	01:48:28
283	463	Borowa-Peńsko Adrianna	Warszawa		K	K25-29	9	00:08:34	00:09:58	00:55:09	00:04:57	00:30:01	01:48:39
284	572	Hancyk Agnieszka	Tarnowo Podgórne	4T Tarnowskie Termy Triathlon Team	K	K35-39	12	00:11:44	00:07:28	00:55:22	00:02:58	00:31:13	01:48:45
285	924	Winnik Marek	Szczecin	Slimaki	M	M35-39	43	00:13:41	00:07:51	00:52:17	00:03:21	00:31:37	01:48:47
286	893	TERMENA MARCIN	MŁOSZYCE	JTP	M	M40-44	52	00:16:10	00:08:34	00:51:18	00:02:55	00:30:28	01:49:25
287	847	Smura Ewa	Poznań		K	K35-39	13	00:14:24	00:10:07	00:51:41	00:03:39	00:29:37	01:49:28
288	663	Kryszewski Artur	Poznań		M	M35-39	44	00:13:45	00:09:07	00:55:44	00:02:28	00:28:26	01:49:30
289	538	Gagola Henryk	Rosnówko	KS AZS AWF Poznań	M	M70-74	1	00:13:22	00:08:32	00:50:44	00:02:36	00:34:21	01:49:35
290	889	Tabor Wiktor	Poznań	DINOSAURS	M	M16-24	24	00:10:42	00:13:35	00:57:43	00:03:13	00:24:23	01:49:36
291	499	Czuczwała Kamila	Siechnice	TRI Mission	K	K30-34	6	00:11:35	00:07:31	00:54:22	00:02:20	00:34:07	01:49:55
292	436	Arendt Maciej	Piła		M	M45-49	43	00:13:11	00:11:05	00:48:28	00:04:08	00:33:13	01:50:05
293	806	Ralcewicz Dominik	Poznań	DINOSAURS	M	M35-39	45	00:14:34	00:08:53	00:49:24	00:03:33	00:34:10	01:50:34
294	445	Balcerak Katarzyna	KOBYLANKA	Go2tri	K	K55-59	2						01:50:40
295	455	Biernacki Wiktor	Pobianice		M	M16-24	25	00:08:54	00:09:41	00:53:32	00:03:21	00:36:00	01:51:28
296	887	Śnieżko Paweł	Piła	Czogori	M	M35-39	46	00:14:19	00:10:24	00:56:12	00:02:21	00:28:14	01:51:30
297	439	Babski Tadeusz	Jelcz-Laskowice	KB HARCOWNIK Jelcz-Laskowice	M	M65-69	2	00:11:33	00:10:20	00:54:57	00:02:45	00:32:11	01:51:46
298	609	Juchniewicz Henryk	Stargard	Team CoV 227	M	M60-64	4	00:12:53	00:08:38	00:46:53	00:04:33	00:38:59	01:51:56
299	842	Skórnicki Mariusz	Szamotuły	SQOORA TRAINING	M	M50-54	15	00:12:49	00:10:36	00:58:42	00:02:15	00:27:56	01:52:18
300	828	Sawicka Małgorzata	Wrocław	Scorpion	K	K40-44	7	00:13:23	00:09:09	00:51:39	00:04:07	00:34:02	01:52:20
301	841	Skibiński Łukasz	Domaszczyń	SCORPION	M	M40-44	53			00:51:35	00:03:30	00:32:53	01:52:20
302	763	Ostrowski Jakub	Wrocław	Ostry TEAM	M	M40-44	54	00:08:36	00:09:52	00:51:26	00:05:02	00:37:29	01:52:25
303	464	Bromberek Dawid	Poznań		M	M30-34	33	00:13:25	00:09:04	00:56:22	00:03:30	00:30:07	01:52:28
304	863	Stępień Małgorzata	Miękowo	Sportowy Team Żabki	K	K40-44	8			00:53:46	00:03:05	00:31:21	01:52:56

Triathlon Sieraków

Organizator: KS TRI TOUR; Miasto i Gmina Sieraków; Polski Związek Triathlonu

Data: 28.05.2022r.

Dystans: 1/8 IM

Miejscowość: Sieraków



Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Płeć	Kat	Msc Kat	plywanie	t1	rower	t2	bieg	Wynik
305	525	Fajok Paweł	Uścikówiec		M	M30-34	34	00:12:50	00:08:04	00:52:21	00:03:33	00:36:20	01:53:08
306	835	Sitkowski Krzysztof	Opole	1979	M	M40-44	55	00:11:32	00:08:21	00:53:26	00:03:38	00:36:34	01:53:31
307	715	Marcinkiewicz Kamila	Zielona Góra	Yolobike	K	K35-39	14	00:14:42	00:09:17	00:48:04	00:04:04	00:37:34	01:53:41
308	748	Lipińska Dobrochna	Zielona Góra	VanHooy	K	K40-44	9	00:14:42	00:08:20	00:56:19	00:03:38	00:31:15	01:54:14
309	493	Czarnecka Ewelina	Poznań	Inka&Pit	K	K40-44	10	00:12:15	00:11:23	00:56:02	00:02:19	00:32:54	01:54:53
310	587	Ilnicka-Łoza Aleksandra	Bytom	Grupa Nomax	K	K45-49	8	00:16:01	00:08:34	00:57:05	00:04:11	00:29:06	01:54:57
311	909	Walczak Adam	Zakrzewo		M	M35-39	47	00:10:21	00:09:48	00:49:31	00:03:40	00:41:48	01:55:08
312	955	Dziarski Tomasz	Kobylniki		M	M45-49	44	00:10:09	00:10:18	00:58:57	00:03:27	00:32:28	01:55:19
313	956	Dzamska Gabriela	Kobylniki		K	K16-24	9	00:10:11	00:10:13	00:58:50	00:03:38	00:32:28	01:55:20
314	631	Kemona Marcin	Wrocław	Leniwiec	M	M35-39	48	00:17:39	00:07:12	00:52:49	00:04:15	00:33:29	01:55:24
315	492	Czarkowski Bogusław	Polska Nowa Wies	Rollico triathlon team	M	M70-74	2	00:15:16	00:07:40	00:55:15	00:03:40	00:33:59	01:55:50
316	764	Ostrowski Piotr	POZNAŃ	Ostry TEAM	M	M45-49	45	00:08:48	00:09:19	01:00:15	00:04:27	00:33:17	01:56:06
317	959	Tuid Zbigniew	Piła	Tango Piła	M	M65-69	3	00:14:18	00:09:49	00:55:00	00:03:13	00:33:50	01:56:10
318	846	Smolarczyk Tomasz	Ruda Śląska	T.S.	M	M16-24	26	00:10:57	00:08:34	01:03:10	00:03:12	00:30:23	01:56:16
319	496	Czernik Bartłomiej	Marcinkowice	TriMission	M	M40-44	56			00:55:47	00:04:29	00:29:13	01:56:31
320	613	Kaczmarek Agnieszka	Bydgoszcz		K	K40-44	11	00:12:37	00:09:10	00:54:25	00:03:18	00:37:06	01:56:36
321	437	Augustyniak Piotr	Skórzewo		M	M45-49	46	00:13:07	00:10:29	00:51:26	00:03:58	00:37:43	01:56:43
322	530	Foltyniowicz Bartosz	Poznań	Ból nie istnieje	M	M30-34	35	00:12:11	00:12:30	00:55:16	00:03:43	00:33:29	01:57:09
323	470	Burmajster-Dąbrowska Anna	Warszawa		K	K50-54	2	00:19:05	00:09:12	00:55:18	00:04:54	00:28:55	01:57:24
324	550	Gorgoń Agata	Pobiedziska		K	K35-39	15	00:17:49	00:07:50	00:55:32	00:04:06	00:32:18	01:57:35
325	655	Kraczkowska-Arendt Edyta	Piła		K	K45-49	9	00:10:21	00:10:55	00:58:40	00:03:37	00:35:17	01:58:50
326	904	Urbaniak Marta	Czapury	Sportowy Team Żabki	K	K40-44	12	00:10:48	00:08:10	00:59:46	00:04:30	00:35:43	01:58:57
327	621	Karpińska Małgorzata	Bielawa	FUN TRI	K	K45-49	10	00:14:14	00:10:22	00:57:47	00:03:17	00:34:53	02:00:33
328	826	Salmonowicz Maciek	Nowe Gulczewo	PTT DELTA	M	M45-49	47	00:13:28	00:09:33	00:56:04	00:03:59	00:37:35	02:00:39
329	605	Jaworska Izabela	Szczecin		K	K40-44	13	00:15:40	00:09:51	00:59:41	00:03:57	00:31:53	02:01:02
330	762	Ostrowska Lidka	Puszczkovo	REHAU Crossactive	K	K40-44	14	00:14:59	00:10:21	00:57:09	00:03:13	00:35:37	02:01:19
331	767	Ostrowski Jarosław	Puszczkovo	REHAU Crossactive	M	M14-15	6	00:15:00	00:10:21	00:57:07	00:02:34	00:36:18	02:01:20
332	514	Dombrowski Catherine	Dabrowka Lesna	SKS	K	K40-44	15	00:17:21	00:13:43	00:55:41	00:02:54	00:31:46	02:01:25
333	758	Nykiel-Nowak Aleksandra	Mielec	TRI MASTER TEAM	K	K40-44	16	00:14:07	00:08:40	00:58:43	00:03:17	00:37:06	02:01:53
334	466	Bronowska-Kowalczyk Magda	Warszawa		K	K35-39	16	00:19:08	00:09:40	00:59:29	00:04:00	00:31:49	02:04:06
335	510	Dobrowolska Anna	Police	Drużyna G	K	K35-39	17	00:18:28	00:13:51	00:58:43	00:02:47	00:30:25	02:04:14
336	615	Kaczmarek Aleksandra	Strzelin		K	K40-44	17	00:13:25	00:09:20	01:04:23	00:03:52	00:33:17	02:04:17
337	796	Poprawka Szymon	Wiry		M	M25-29	15			00:58:57	00:02:27	00:29:34	02:04:39
338	692	Lisiecki Marek	Piła	Piła Tango	M	M60-64	5	00:16:35	00:12:11	00:53:39	00:04:13	00:38:35	02:05:13
339	654	Kozłowska Małgorzata	Płock	PTT DELTA	K	K40-44	18	00:18:13	00:08:41	01:00:30	00:03:40	00:34:45	02:05:49
340	881	Szymański Marcin	Plewiska	Unknow	M	M16-24	27	00:13:38	00:17:30	01:01:11	00:03:08	00:31:07	02:06:34
341	807	Raś Ryszard Marek	Przeźmierowo	Eko-Wod-Kan	M	M70-74	3	00:20:07	00:09:45	00:58:55	00:02:37	00:35:31	02:06:55
342	600	Jaroszewska Adriana	Gdańsk	4Run Piła	K	K25-29	10	00:15:35	00:13:41	01:02:21	00:04:20	00:32:12	02:08:09
343	958	Dunowski Jacek	Sierosław		M	M50-54	16	00:15:59	00:10:53	01:08:12	00:02:51	00:38:50	02:16:45
344	957	Dunowska Julia	Sierosław		K	K16-24	10	00:16:02	00:10:51	01:08:13	00:02:50	00:38:50	02:16:46
345	853	Sobocińska Barbara	Inowrocław		K	K40-44	19	00:17:49	00:08:07	01:07:30	00:04:14	00:42:01	02:19:41