

ODRA TRIATHLON w SERCU OPOLSZCZYZNY 2022

Organizator: GRUPA KAPIJA SPORT Zdzeszowice

Powiat Krapkowicki

Miejscowość i data: Krapkowice, 19.06.2022

Klasyfikacja: Triathlon 1/8 IM [475 m/22,5 km/5,5 km]

| Miejsce | Numer startowy | Kraj | Nazwisko i imię | Rok ur. | Klub / Miejscowość | Pływanie 475 m (mśc.) | T1 | Rower 22,5 km (mśc.) | T2 | Bieg 5,5 km (mśc.) | Czas | K | M | Kat. wiekowa |
|---------|----------------|------|-------------------------|---------|---|-----------------------|----------------|----------------------|----------------|--------------------|----------|---|----|--------------|
| 1 | 17 | POL | Goczoł Tymoteusz | 1989 | EDEN RACING, Siemianowice Śląskie | 00:06:45 9 | 00:00:42 14 | 00:36:38 1 | 00:00:24 12 | 00:21:21 2 | 01:05:50 | | 1 | PK/M30 |
| 2 | 35 | POL | Lisieński Michał | 1987 | CHOP ZE ŻELAZA TRI TEAM / AUTO-FORM, | 00:05:48 2 | 00:00:36 9 | 00:37:21 7 | 00:00:20 3 | 00:21:51 3 | 01:05:56 | | 2 | PK/M30 |
| 3 | 62 | POL | Szczużewski Andrzej | 1988 | KAPIJA, Strzelce Opolskie | 00:06:20 7 | 00:00:38 11 | 00:37:29 10 | 00:00:20 7 | 00:21:12 1 | 01:05:59 | | 3 | PK/M30 |
| 4 | 77 | POL | Zwadło Piotr | 2002 | KT Żywiec, Polska Cerekiew | 00:05:57 3 | 00:00:21 3 | 00:37:34 12 | 00:00:27 16 | 00:23:03 9 | 01:07:22 | | 4 | 1/M20 |
| 5 | 64 | POL | Szywalski Alan | 1988 | MultiFit, Gogolin | 00:07:15 24 | 00:00:47 19 | 00:37:10 5 | 00:00:30 21 | 00:22:44 7 | 01:08:26 | | 5 | 1/M30 |
| 6 | 15 | POL | Giet Magdalena | 1997 | Cardio Sport Scott MTB Team, Dziergowice | 00:07:21 27 | 00:00:35 7 | 00:37:13 6 | 00:00:23 9 | 00:22:57 8 | 01:08:29 | 1 | | PK/K20 |
| 7 | 55 | POL | Skrzyszowski Przemysław | 1989 | Silesian Triathlon Team, Gołkowice | 00:06:58 17 | 00:00:39 12 | 00:36:38 2 | 00:00:20 5 | 00:24:14 12 | 01:08:49 | | 6 | 2/M30 |
| 8 | 63 | POL | Szenawa Łukasz | 2005 | GVT, Górkki | 00:07:06 19 | 00:01:05 33 | 00:38:37 14 | 00:00:23 11 | 00:22:17 4 | 01:09:28 | | 7 | 2/M20 |
| 9 | 52 | POL | Rypel Natalia | 1993 | Kaziki / Tridivision triathlon Team, Katowice | 00:05:47 1 | 00:00:30 6 | 00:39:03 16 | 00:00:23 10 | 00:24:12 11 | 01:09:55 | 2 | | PK/K20 |
| 10 | 44 | POL | Organa Konrad | 1989 | Triathlon Training Center, Częstochowa | 00:06:45 10 | 00:00:44 17 | 00:37:25 8 | 00:00:37 32 | 00:24:37 15 | 01:10:08 | | 8 | 3/M30 |
| 11 | 5 | POL | Cabaj Tomasz | 1988 | Kraków | 00:07:38 30 | 00:00:26 5 | 00:36:51 3 | 00:00:23 8 | 00:24:51 19 | 01:10:09 | | 9 | 4/M30 |
| 12 | 31 | POL | Krzyszak Mariusz | 1985 | MultiFit, Kędzierzyn-Koźle | 00:07:16 25 | 00:00:36 8 | 00:37:27 9 | 00:00:25 14 | 00:24:38 16 | 01:10:22 | | 10 | 5/M30 |
| 13 | 38 | POL | Łopianiak Tomasz | 1975 | EUROVENT ATHLETICS, Opole | 00:07:29 28 | 00:00:45 18 | 00:39:21 17 | 00:00:41 41 | 00:22:27 5 | 01:10:43 | | 11 | 1/M40 |
| 14 | 50 | POL | Romański Maciej | 1981 | Tridivision Triathlon Team, Tarnowskie Góry | 00:06:53 13 | 00:00:38 10 | 00:37:31 11 | 00:00:26 15 | 00:25:20 22 | 01:10:48 | | 12 | 2/M40 |
| 15 | 18 | POL | Harmansa Piotr | 1969 | Triathlon Gogolin, Gogolin | 00:07:04 18 | 00:00:56 26 | 00:37:48 13 | 00:00:38 35 | 00:24:47 18 | 01:11:13 | | 13 | 1/M50+ |
| 16 | 4 | POL | Buze Łukasz | 1985 | Kędzierzyn-Koźle | 00:07:14 23 | 00:00:50 22 | 00:40:42 23 | 00:00:33 25 | 00:22:43 6 | 01:12:02 | | 14 | 6/M30 |
| 17 | 56 | POL | Sobolewska Magdalena | 2004 | KT Żywiec, Żywiec | 00:06:08 4 | 00:00:15 2 | 00:40:42 24 | 00:00:20 6 | 00:24:46 17 | 01:12:11 | 3 | | PK/K20 |
| 18 | 42 | POL | Michniewicz Maciej | 1977 | EUROVENT ATHLETICS, Opole | 00:06:52 12 | 00:00:55 25 | 00:40:27 22 | 00:00:37 31 | 00:24:52 20 | 01:13:43 | | 15 | 3/M40 |
| 19 | 45 | POL | Pawlaczyk Jakub | 2006 | KT Żywiec, Żywiec | 00:06:11 5 | 00:01:05 32 | 00:37:06 4 | 00:00:24 13 | 00:29:23 49 | 01:14:09 | | 16 | 3/M20 |
| 20 | 34 | POL | Ligocki Tomasz | 1969 | CHOP ZE ŻELAZA TRI TEAM, Siemianowice Śląskie | 00:06:57 16 | 00:00:57 28 | 00:39:31 18 | 00:00:29 19 | 00:26:46 31 | 01:14:40 | | 17 | 2/M50+ |

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|---------|----------------|------|---------------------------|---------|--|-----------------------|----------------|----------------------|----------------|--------------------|----------|----|---|--------------|
| 21 | 9 | POL | Duda Jarosław | 1979 | Zabrze | 00:08:14 44 | 00:02:22 71 | 00:38:48 15 | 00:00:47 51 | 00:24:35 14 | 01:14:46 | 18 | | 4/M40 |
| 22 | 12 | POL | Gadaj Grzegorz | 1986 | Radlinioki w biegu, Radlin | 00:06:57 15 | 00:01:31 49 | 00:39:52 20 | 00:00:42 43 | 00:26:37 28 | 01:15:39 | 19 | | 7/M30 |
| 23 | 32 | POL | Kucia Kamil | 1984 | Skorupa Sport, Tychy | 00:07:42 32 | 00:00:43 16 | 00:40:57 26 | 00:00:32 22 | 00:25:54 24 | 01:15:48 | 20 | | 8/M30 |
| 24 | 16 | POL | Glinka Michał | 1976 | Praszka | 00:07:20 26 | 00:01:19 41 | 00:40:11 21 | 00:00:33 26 | 00:26:26 26 | 01:15:49 | 21 | | 5/M40 |
| 25 | 78 | POL | Zwierz Krzysztof | 1982 | Opole | 00:08:06 40 | 00:00:48 21 | 00:41:11 28 | 00:00:46 50 | 00:24:59 21 | 01:15:50 | 22 | | 6/M40 |
| 26 | 22 | POL | Kitkowski Arkadiusz | 1976 | SUPERSNOW, Łądek-Zdrój | 00:08:11 43 | 00:01:14 38 | 00:39:36 19 | 00:00:34 27 | 00:26:43 30 | 01:16:18 | 23 | | 7/M40 |
| 27 | 59 | POL | Sroga Maciej | 1987 | Gt kona, Namysłów | 00:08:28 46 | 00:00:39 13 | 00:40:51 25 | 00:00:32 23 | 00:25:48 23 | 01:16:18 | 24 | | 9/M30 |
| 28 | 26 | POL | Kornes Janusz | 1970 | TKKF TRIATHLON DĄBROWA GÓRNICZA, Sosnowiec | 00:06:54 14 | 00:01:06 35 | 00:41:00 27 | 00:00:38 36 | 00:28:09 41 | 01:17:47 | 25 | | 3/M50+ |
| 29 | 99 | POL | SUPER SZTAFETA | 1992 | Arek Michalik, Radosław Raca, Janusz Sojka, Krapkowice | 00:06:34 8 | 00:00:24 4 | 00:42:31 38 | 00:00:15 2 | 00:28:06 40 | 01:17:50 | 26 | | 10/M30 |
| 30 | 3 | POL | Bosowski Tomasz | 1979 | Paniówki | 00:06:51 11 | 00:00:43 15 | 00:42:13 35 | 00:00:36 29 | 00:27:33 35 | 01:17:56 | 27 | | 8/M40 |
| 31 | 23 | POL | Kłós Marcin | 1985 | Będzin | 00:08:03 38 | 00:01:38 54 | 00:44:38 43 | 00:00:41 40 | 00:23:11 10 | 01:18:11 | 28 | | 11/M30 |
| 32 | 29 | POL | Kozminczuk-Markulak Marek | 1972 | TM IRON TEAM, Gliwice | 00:07:11 22 | 00:00:51 23 | 00:41:56 34 | 00:00:40 39 | 00:27:47 36 | 01:18:25 | 29 | | 4/M50+ |
| 33 | 61 | POL | Sydor Radosław | 1976 | Towarzystwo Pływaków Masters Opole, Opole | 00:08:01 37 | 00:00:48 20 | 00:41:39 32 | 00:00:46 49 | 00:27:13 33 | 01:18:27 | 30 | | 9/M40 |
| 34 | 7 | POL | Ciasto Sebastian | 1985 | Przechlebice | 00:07:08 20 | 00:00:57 27 | 00:41:36 30 | 00:01:07 65 | 00:27:50 37 | 01:18:38 | 31 | | 12/M30 |
| 35 | 79 | POL | Najwer Tomasz | 1973 | Krapkowice | 00:08:52 52 | 00:00:53 24 | 00:42:21 36 | 00:00:41 42 | 00:26:32 27 | 01:19:19 | 32 | | 10/M40 |
| 36 | 75 | POL | Zimerman Adrian | 1981 | Gangster z Bawarii, Zdądzowice | 00:07:31 29 | 00:01:19 43 | 00:41:36 31 | 00:00:49 52 | 00:28:46 45 | 01:20:01 | 33 | | 11/M40 |
| 37 | 60 | POL | Stalica Wojciech | 1969 | Izo-Erg, Częstochowa | 00:08:03 39 | 00:01:16 39 | 00:41:28 29 | 00:00:38 37 | 00:29:00 46 | 01:20:25 | 34 | | 5/M50+ |
| 38 | 20 | POL | Kacprzak Grzegorz | 1978 | Czempion team, Kędzierzyn-Koźle | 00:07:42 31 | 00:01:54 60 | 00:43:11 40 | 00:01:07 66 | 00:26:39 29 | 01:20:33 | 35 | | 12/M40 |
| 39 | 39 | POL | Madej Zuzanna | 2004 | KT Żywiec, Żywiec | 00:06:12 6 | 00:00:15 1 | 00:43:41 41 | 00:00:28 17 | 00:30:00 55 | 01:20:36 | 4 | | 1/K20 |
| 40 | 100 | POL | Lucka Judyta | 1978 | Beskid Triathlon Center, Bielsko-Biała | 00:08:10 42 | 00:01:01 30 | 00:44:24 42 | 00:00:32 24 | 00:27:17 34 | 01:21:24 | 5 | | 1/K40+ |
| 41 | 24 | POL | Kołodziej Szymon | 1994 | SąsiedziteaM, Gogolin | 00:07:51 34 | 00:01:43 56 | 00:46:32 53 | 00:00:51 53 | 00:24:33 13 | 01:21:30 | 36 | | 4/M20 |
| 42 | 41 | POL | Michalewski Dariusz | 1983 | Gogolin | 00:07:10 21 | 00:01:12 37 | 00:42:41 39 | 00:00:14 1 | 00:30:26 59 | 01:21:43 | 37 | | 13/M30 |

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|---------|----------------|------|-----------------------|---------|--|-----------------------|----------------|----------------------|----------------|--------------------|----------|----|---|--------------|
| 43 | 67 | POL | Wąsiak Tomasz | 1979 | Restauracja Radiowa, Opole | 00:09:09 55 | 00:01:20 44 | 00:44:55 48 | 00:00:53 56 | 00:26:24 25 | 01:22:41 | 38 | | 13/M40 |
| 44 | 33 | POL | Lepka Arkadiusz | 1991 | Iron Fighters, Kleszczów | 00:07:44 33 | 00:01:12 36 | 00:41:52 33 | 00:00:52 54 | 00:31:23 60 | 01:23:03 | 39 | | 14/M30 |
| 45 | 14 | POL | Gębczak Krzysztof | 1981 | Katowice | 00:09:20 58 | 00:02:03 63 | 00:42:27 37 | 00:00:57 58 | 00:29:29 50 | 01:24:16 | 40 | | 14/M40 |
| 46 | 28 | POL | Kowohl Adrian | 1973 | Krapkowice | 00:08:52 51 | 00:02:31 73 | 00:44:46 46 | 00:01:05 63 | 00:27:10 32 | 01:24:24 | 41 | | 15/M40 |
| 47 | 10 | POL | Friedrich Adam | 1970 | Triathlon Kamień Śląski, Kamień Śląski | 00:07:58 36 | 00:02:00 61 | 00:44:43 45 | 00:01:17 70 | 00:28:28 43 | 01:24:26 | 42 | | 6/M50+ |
| 48 | 1 | POL | Borkowski Przemysław | 1972 | Sosnowiec | 00:09:30 61 | 00:01:41 55 | 00:44:43 44 | 00:00:58 59 | 00:28:03 39 | 01:24:55 | 43 | | 7/M50+ |
| 49 | 76 | POL | Zober Marek | 1985 | CHOP ZE ŻELAZA TRI TEAM, Ruda Śląska | 00:08:36 49 | 00:01:18 40 | 00:46:24 52 | 00:00:38 38 | 00:29:31 51 | 01:26:27 | 44 | | 15/M30 |
| 50 | 53 | POL | Sawicki Kacper | 1990 | Lisięcice | 00:10:39 70 | 00:02:29 72 | 00:44:50 47 | 00:00:37 33 | 00:28:00 38 | 01:26:35 | 45 | | 16/M30 |
| 51 | 66 | POL | Turek Tomasz | 1971 | Kłodzko | 00:08:34 47 | 00:01:32 51 | 00:46:00 50 | 00:00:55 57 | 00:30:08 58 | 01:27:09 | 46 | | 8/M50+ |
| 52 | 21 | POL | Kik Marcin | 1982 | Błachów | 00:10:08 65 | 00:01:44 57 | 00:46:01 51 | 00:00:35 28 | 00:29:01 47 | 01:27:29 | 47 | | 16/M40 |
| 53 | 2 | POL | Born Marcin | 1967 | OSP Kłodnica, Kędzierzyn-Koźle | 00:08:22 45 | 00:02:13 65 | 00:48:24 59 | 00:00:37 30 | 00:28:10 42 | 01:27:46 | 48 | | 9/M50+ |
| 54 | 71 | POL | Wojciechowski Łukasz | 1983 | BOX88, Opole | 00:09:11 56 | 00:01:30 48 | 00:47:30 55 | 00:00:59 61 | 00:30:06 57 | 01:29:16 | 49 | | 17/M30 |
| 55 | 51 | POL | Rusakowicz Sylwia | 1981 | GarageGym Krapkowice, Krapkowice | 00:11:05 75 | 00:01:32 50 | 00:47:09 54 | 00:00:29 20 | 00:29:10 48 | 01:29:25 | 6 | | 2/K40+ |
| 56 | 70 | POL | Wodyński Wojciech | 1977 | NESSE - Kozak Team, Katowice | 00:07:55 35 | 00:00:59 29 | 00:44:55 49 | 00:00:44 47 | 00:34:54 67 | 01:29:27 | 50 | | 17/M40 |
| 57 | 13 | POL | Garwol-Binc Agnieszka | 1990 | aga_z_wózkiem_biega, Krapkowice | 00:09:45 63 | 00:01:27 46 | 00:47:59 56 | 00:00:29 18 | 00:30:02 56 | 01:29:42 | 7 | | 1/K30 |
| 58 | 49 | POL | Rejdych Adam | 1976 | Jejkowice Biegają, Jejkowice | 00:08:44 50 | 00:01:34 52 | 00:48:59 60 | 00:01:03 62 | 00:29:58 53 | 01:30:18 | 51 | | 18/M40 |
| 59 | 19 | POL | Jasiak Oskar | 1986 | Wodzisław Śląski | 00:08:36 48 | 00:02:17 67 | 00:49:48 65 | 00:01:13 69 | 00:28:29 44 | 01:30:23 | 52 | | 18/M30 |
| 60 | 47 | POL | Radoń Marcin | 1977 | Tarnowskie Góry | 00:09:28 60 | 00:01:19 42 | 00:49:40 64 | 00:01:05 64 | 00:29:59 54 | 01:31:31 | 53 | | 19/M40 |
| 61 | 30 | POL | Krupa Waldemar | 1974 | Praszka | 00:09:07 54 | 00:01:45 58 | 00:48:00 57 | 00:00:44 46 | 00:34:53 66 | 01:34:29 | 54 | | 20/M40 |
| 62 | 40 | POL | Matysiak Marcin | 1979 | TS Iron Man Gogolin, Krapkowice | 00:09:31 62 | 00:02:14 66 | 00:50:36 69 | 00:00:58 60 | 00:32:59 61 | 01:36:18 | 55 | | 21/M40 |
| 63 | 72 | POL | Wosiak Katarzyna | 1988 | Gliwice | 00:10:08 66 | 00:01:02 31 | 00:50:33 68 | 00:00:42 44 | 00:34:08 63 | 01:36:33 | 8 | | 2/K30 |
| 64 | 46 | POL | Pogorzelska Lucyna | 1971 | OSP Kłodnica, Kędzierzyn-Koźle | 00:10:02 64 | 00:01:24 45 | 00:57:01 77 | 00:00:20 4 | 00:29:46 52 | 01:38:33 | 9 | | 3/K40+ |

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|---------|----------------|------|---------------------|---------|--|------------------------|----------------|-----------------------|----------------|---------------------|-----------------|----|----|--------------|
| 65 | 48 | POL | Rawski Aleksander | 1974 | Opole | 00:10:27 67 | 00:02:18 68 | 00:49:21 62 | 00:01:19 71 | 00:35:33 69 | 01:38:58 | | 56 | 22/M40 |
| 66 | 65 | POL | Termena Marcin | 1979 | Jelcz Triathlon Project, Jelcz-Laskowice | 00:11:36 77 | 00:03:30 76 | 00:48:14 58 | 00:01:26 74 | 00:34:13 64 | 01:38:59 | | 57 | 23/M40 |
| 67 | 74 | POL | Zerman Sebastian | 1984 | Krapkowice | 00:11:02 73 | 00:04:12 77 | 00:49:11 61 | 00:01:11 67 | 00:33:41 62 | 01:39:17 | | 58 | 19/M30 |
| 68 | 54 | POL | Sikora Agnieszka | 1980 | Zabrze | 00:09:24 59 | 00:01:29 47 | 00:49:25 63 | 00:00:53 55 | 00:38:31 73 | 01:39:42 | 10 | | 4/K40+ |
| 69 | 68 | POL | Wdziękoński Rafał | 1977 | Bytom | 00:10:59 72 | 00:01:46 59 | 00:51:56 72 | 00:01:30 76 | 00:35:02 68 | 01:41:13 | | 59 | 24/M40 |
| 70 | 6 | POL | Chmurczyk Marek | 1970 | MultiFit, Zabrze | 00:11:27 76 | 00:01:36 53 | 00:53:12 74 | 00:01:25 73 | 00:34:34 65 | 01:42:14 | | 60 | 10/M50+ |
| 71 | 27 | POL | Kościelak Jacek | 2001 | Opole | 00:10:34 68 | 00:02:19 69 | 00:51:41 70 | 00:00:46 48 | 00:37:45 71 | 01:43:05 | | 61 | 5/M20 |
| 72 | 58 | POL | Sowa Chantal | 2001 | Kały | 00:10:37 69 | 00:02:19 70 | 00:51:41 71 | 00:00:37 34 | 00:37:53 72 | 01:43:07 | 11 | | 2/K20 |
| 73 | 98 | POL | Zajfer Stanisław | 1948 | Kędzierzyn-Koźle | 00:09:17 57 | 00:01:05 34 | 00:50:19 66 | 00:01:12 68 | 00:42:03 77 | 01:43:56 | | 62 | 11/M50+ |
| 74 | 11 | POL | Fuchs Ewa | 1996 | Opole | 00:08:07 41 | 00:02:09 64 | 00:56:15 76 | 00:00:43 45 | 00:37:23 70 | 01:44:37 | 12 | | 3/K20 |
| 75 | 25 | POL | Kootstra Irena | 1967 | EUROVENT ATHLETICS, Opole | 00:09:00 53 | 00:02:01 62 | 00:52:40 73 | 00:02:10 77 | 00:38:54 74 | 01:44:45 | 13 | | 5/K40+ |
| 76 | 73 | POL | Zaklińska Katarzyna | 1976 | Gliwice | 00:10:49 71 | 00:02:33 74 | 00:50:20 67 | 00:01:26 75 | 00:41:47 75 | 01:46:55 | 14 | | 6/K40+ |
| 77 | 43 | POL | Mularczyk Maciej | 1978 | Biegowi Zajawkowice, Gogolin | 00:11:05 74 | 00:02:48 75 | 00:53:38 75 | 00:01:20 72 | 00:41:48 76 | 01:50:39 | | 63 | 25/M40 |
| DNF | 37 | POL | Łopianiak Martyna | 2003 | EUROVENT ATHLETICS, Opole | 00:07:15 | 00:00:37 | 00:39:30 | 00:00:42 | | | | | DNF/K20 |